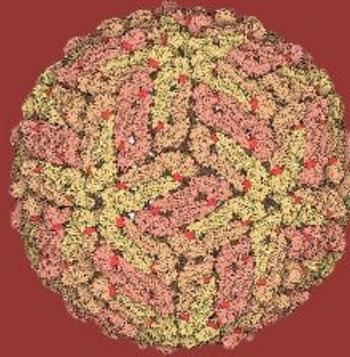


Dengue Virus

Dengue is a disease caused by a virus spread by the bite of *Aedes* mosquitoes and is common in parts of Asia, the Pacific, the Caribbean and Central and South America.

Symptoms occur **4-7** days after a bite from an **infected mosquito** and can last up to **10 days**. Symptoms can include:

- High fever
- Joint, muscle or bone pain
- Rash
- Nausea
- Vomiting
- Severe headache and pain behind eyes
- Body aches
- Nose or gum bleed, easy bruising



**Dengue
Virus**

Aedes Facts



- *Aedes* mosquitoes are **daytime biters** and often bite around the **lower legs** and **feet**.
- *Aedes* mosquitoes breed in people's yards in anything that can **collect water**, including buckets, water cans, pots, toys, wheel barrows, tires, bird baths, pet bowls, boats, cans, coolers, etc.
- These *Aedes* mosquitoes **are very common in Maricopa County**, and we are at risk for having outbreaks of this disease in the Valley if we don't take steps to prevent it.
- If you or a member of your family becomes ill with chikungunya-like symptoms after traveling in affected countries, **it is extremely important that you avoid mosquito bites for at least 7 days after your illness begins**. Your family members should do the same to avoid becoming infected (see prevention below).

Prevent mosquito bites and mosquito breeding!

- Stay indoors if at all possible
- Wear long sleeves and long pants
- Dump out any water in containers and remove or cover them
- Use insect repellents on exposed skin and on clothing
- Reapply insect repellents as directed on the label

If you, a family member, a visiting friend or neighbor comes down with **dengue symptoms**, please contact public health officials immediately by calling

(602) 506-6767